

## Luxury Everest Base Camp Trek with Helicopter Return 9 Night 10 Days

### Highlights

Everest Base Camp (EBC) located in the Khumbu region of Nepal

Everest Base Camp is situated at an elevation of 5,364 meters (17,598 feet)

The Tengboche , Khumjung Monastery

Adventures & thrilling flight to Lukla ( Tenzing-Hillary Airport)

World most demandable Trekking destination in Nepal

Scenic Mountain beauty Mt Everest, Mt Lhotse, Island Peak, Mt Nuptse, Mt Ama Dablam, and many more

Helicopter Return ride to Kathmandu.

Everest Expedition starting point Khumbu icefall

Sherpa people, yaks, colorful festivals and Buddhist monasteries.

8 Days trekking

### Outline itinerary

Day01: Arrival in Kathmandu & Transfer to the Hotel (1400Mtr)

Day 02: Kathmandu to Lukla Domestic flight & Trek to Phakding (2,640m) 4-5 hours.

Day 03 : Phakding to Namche Bazaar ) (3,440m/11,286ft) 10-12 Hrs km trek / 6 -7 Hours .

Day 04 : Namche acclimatization day & hike to Everest View Hotel (3969 m) 3-4 Km trek /3-4 Hours.

Day 5: Namche Bazaar to Tengboche Monastery (3860 meters) 5 hours

Day 6: Tengboche To Dingboche (4410 Meters ) 10 Km 5-6 Hours

Day 07 : Dingboche to Lobuche (4940M) 9 Km 4-5 Hours.

Day 08: Trek To Gorakshep (5264m) To Everest Basecamp & Back To Gorakshep.

Day 09 Hike to Kalapatthar (5,550m) -2 hours & Fly Gorakshep, than Kathmandu by Helicopter.

Day10: Departure from Kathmandu

## Details Itinerary

### **Day01: Arrival in Kathmandu & Transfer to the Hotel (1400Mtr)**

After your landing at Tribhuvan International Airport, you will be welcomed by our Representatives He will guide you to your hotel. You can rest for the day. In the evening, you will meet with your tour guide in your hotel lobby, and he will brief you about the Everest Base Camp trek overnight stay at Kathmandu.

### **Day 02: Kathmandu to Lukla Domestic flight & Trek to Phakding (2,640m) 4-5 hours.**

Early morning after breakfast check out from Kathmandu hotel and transfer to Kathmandu domestic airport , schedule flight from Kathmandu to Lukla takes around 30 Min, world most adventures flight you can see High mountain and Himalayas range , after landing at tenjing - Hilary airport, our company representative and porter welcome you , start trekking we will pass through Chaurikharka Village.crose dhodhkoshi river ,then suspension Bridge to reach phakding , Dinner and overnight stay at the lodge/tea house.

### **Day 03 : Phakding to Namche Bazzar ) (3,440m/11,286ft) 10-12 Hrs km trek / 6 -7 Hours .**

After breakfast trek Phakding to Namche Bazzar , Namche is the gateway to the Everest region. This is long day of trekking, taking 6-7 hours to reach Namche Bazzar The trek takes you through forests, suspension bridges, and along the banks of the Dudh Koshi River, then you will enter Sagarmatha National Park , here small check post you need to show your permit, after trek you reach Namche Bazzar lasgest Sherpa village . overnight stay at the lodge/tea house.

### **Day 04 : Namche acclimatization day & hike to Everest View Hotel (3969 m) 3-4 Km trek /3-4 Hours.**

On this day you will we free for acclimatization & hike to Everest view hotel, Acclimatization days are an important for Everest base camp trek can cause high attitude sickness and low oxygen in the atmosphere,you can tack hike to the Khumjung Village and visit Khumjung monastery and another option Everest view hotel , Visit the Everest Photo Gallery & the Sherpa Culture Museum ,Return back to namche bazzar and overnight stay at the tea house.

### **Day 5: Namche Bazzar to Tengboche Monastery (3860 meters) 5 hours**

After breakfast at at Namche bazzar we trek towards to Khumjung village The view of Mt. Everest, Mt. Lotshe Lotshe shar, Amma Dablam, Tabuche and many other high mountains ,after short walk we reach at Khumjung village tack some rest for a while and move ahead tengboche.overnight stay at tea house.

### **Day 6: Tengboche To Dingboche (4410 Meters ) 10 Km 5-6 Hours**

On morning time you can see great view of Himalayas from tengboche , After healthy breakfast trek start from tengboche to Dingboche its tack 5-6 hours trail start ascending then walk to descending to from tea house and Imja Khola river suspension bridge , We will observe reduced junipers and alpine

rhododendron with increasing elevation after few hours trek finally reach Dingboche , Enjoy the views of Island Peak , Mt Lhotse, Ama Dablam overnight stay Londge /Teahouse..

#### **Day 07 : Dingboche to Lobuche (4940M) 9 Km 4-5 Hours.**

after breakfast trek start from Dingboche to Lobuche , The path is completely uphill until we reach Thukla and have lunch. we cross the glacial frozen river at Thukla.Head on rugged paths to Chupki Lhara ,Head up the moraine of the Khumbu Glacier, Also we will take some photographs of wonderful nature.afterwalking 4-5 hours trek we reach at Lobuche , overnight stay londge /tea house.

#### **Day 08: Trek To Gorakshep (5264m) To Everest Basecamp & Back To Gorakshep.**

On this special day for all trekkers and climbers first step to Everest Base camp , we will take our breakfast and begin our walk towards Gorak Shep , Walking on Rocky pathway and somewhere crossing glaciers, we will reach GorakShep (5140m) and have Lunch & book our stay here ,after lunch start trek to Everest base camp its take 1-2 hours from gorakshep . Hike further up to Everest Base Camp ,Enjoy the views around Everest Base Camp , Everest Base Camp is the point for the Mountaineers to summit the peak. We trek descend to Gorakshep in the afternoon overnight stay londge /tea house.

#### **Day 09 Hike to Kalapatthar (5,550m) -2 hours & Fly Gorakshep, than Kathmandu by Helicopter.**

Early morning 4 am we start trek to Kalapatthar from Gorakshep , The best view of Mount Everest will appear after short walk from Gorek Shep towards Kalapatthar. Kala Patthar is the highest elevation of this trek , 360-degree view of the highest peaks in the world including Mt. Everest, Nuptse, Lhotse, and Ama Dablam and many more high mountain ,after spent some time for takes photos and videos.after Kalapatthar to Gorakshep by Helicopter then 20-25 Min Helicopter ride to Kathmandu.

#### **Day10: Departure from Kathmandu**

Transfer to International Airport for your flight back to home. you should be reporting at the Airport counter 3 hours prior to the departure time.

#### **Includes**

Airport pick up and drop off by private car/Jeep/ Hiace.

Meals on a full-board basis (Breakfast, Lunch, and Dinner during the trek in the mountain.

Experienced, government-licensed, English-speaking trekking guide.

Permit including Everest national park permit and TIMS card (Trekking Information Management System)

Trekking equipment such as the Sleeping bag, and down jacket on request (optional)

Trekking lodges (Tea House) During the trek

Kalapathar- Gorakshep - Kathmandu by Helicopter

Airfare from Kathmandu – Lukla -Domestic flight

Appreciation of certificate after the successful trek.

Farewell Dinner at a typical Nepalese restaurant with traditional music and dance

Oximeter to measure your oxygen and Pulse level during the trek in the mountain, it's very useful for all the trekkers to be aware of the high altitude sickness.

Compressive first aid box (Guide will carry it during the trek).

Emergency rescue operation assistance in arranging in case of complex health condition (funded by your Travel Insurance)

All government, Local taxes/ vat and official Expenses

### **Excludes**

Nepal entry visa fee (you may easily issue the visa on arrival at Tribhuvan International Airport – Kathmandu). \$25 USD for 15 days Visa.

Extra accommodation and meals behind schedule

Extra drinks as alcoholic & non-alcoholic

Surplus luggage charges for domestic airport

Additional cost by out of management control due to the landscape, weather condition, illness, change of government policies, strikes, and physical condition, etc.

Personal expenses such as snacks, laundry, telephone, wife, hot shower, etc.

Travel insurance

Tips for guide and