

Everest Base camp trek 10 Nights 11 Days

Highlights

Everest Base Camp (EBC) located in the Khumbu region of Nepal

Everest Base Camp is situated at an elevation of 5,364 meters (17,598 feet)

The Tengboche , Khumjung Monastery

Adventures & thrilling flight to Lukla (Tenzing-Hillary Airport)

World most demandable Trekking destination in Nepal

Scenic Mountain beauty Mt Everest, Mt Lhotse, Island Peak, Mt Nuptse, Mt Ama Dablam, and many more

Everest Expedition starting point Khumbu icefall

Sherpa people, yaks, colorful festivals and Buddhist monasteries.

Fly back to helicopter kalapatthar to Kathmandu.

Breathtaking helicopter ride with seeing high snowcapped mountain

8 Days trekking

Outline itinerary

Day01: Arrival in Kathmandu & Transfer to the Hotel (1400Mtr)

Day 02: Kathmandu to Lukla Domestic flight & Trek to Phakding (2,640m) 4-5 hours.

Day 03: Phakding to Namche Bazaar) (3,440m/11,286ft) 10-12 Hrs km trek / 6 -7 Hours .

Day 04: Namche acclimatization day & hike to Everest View Hotel (3969 m) 3-4 Km trek /3-4 Hours.

Day 5: Namche Bazaar to Tengboche Monastery (3860 meters) 5 hours

Day 6: Tengboche To Dingboche (4410 Meters) 10 Km 5-6 Hours

Day 07: Acclimatization in Dingboche (4410 Meter.)

Day 08: Dingboche to Lobuche (4940M) 9 Km 4-5 Hours.

Day 09: Trek To Gorakshep (5264m) To Everest Basecamp & Back To Gorakshep.

Day 10: Gorakshep - Kalapatthar (5545m), Trek and fly back to Kathmandu by helicopter.

Day11: Departure from Kathmandu

Detail Itinerary

Day01: Arrival in Kathmandu & Transfer to the Hotel (1400Mtr)

After your landing at Tribhuvan International Airport, you will be welcomed by our Representatives He will guide you to your hotel. You can rest for the day. In the evening, you will meet with your tour guide in your hotel lobby, and he will brief you about the Everest Base Camp trek overnight stay at Kathmandu.

Day 02 : Kathmandu to Lukla Domestic flight & Trek to Phakding (2,640m) 4-5 hours.

Early morning after breakfast check out from Kathmandu hotel and transfer to Kathmandu domestic airport , schedule flight from Kathmandu to Lukla takes around 30 Min, world most adventures flight you can see High mountain and Himalayas range , after landing at tenjing - Hilary airport, our company representative and porter welcome you , start trekking we will pass through Chaurikharka Village.crose dhodhkoshi river ,then suspension Bridge to reach phakding , Dinner and overnight stay at the lodge/tea house.

Day 03 : Phakding to Namche Bazzar) (3,440m/11,286ft) 10-12 Hrs km trek / 6 -7 Hours .

After breakfast trek Phakding to Namche Bazzar , Namche is the gateway to the Everest region. This is long day of trekking, taking 6-7 hours to reach Namche Bazzar The trek takes you through forests, suspension bridges, and along the banks of the Dudh Koshi River, then you will enter Sagarmatha National Park , here small check post you need to show your permit, after trek you reach Namche Bazzar lasgest Sherpa village . overnight stay at the lodge/tea house.

Day 04 : Namche acclimatization day & hike to Everest View Hotel (3969 m) 3-4 Km trek /3-4 Hours.

On this day you will we free for acclimatization & hike to Everest view hotel, Acclimatization days are an important for Everest base camp trek can cause high attitude sickness and low oxygen in the atmosphere,you can tack hike to the Khumjung Village and visit Khumjung monastery and another option Everest view hotel , Visit the Everest Photo Gallery & the Sherpa Culture Museum ,Return back to namche bazzar and overnight stay at the tea house.

Day 5: Namche Bazzar to Tengboche Monastery (3860 meters) 5 hours

After breakfast at at Namche bazzar we trek towards to Khumjung village The view of Mt. Everest, Mt. Lotshe Lotshe shar, Amma Dablam, Tabuche and many other high mountains ,after short walk we reach at Khumjung village tack some rest for a while and move ahead tengboche.overnight stay at tea house.

Day 6: Tengboche To Dingboche (4410 Meters) 10 Km 5-6 Hours

On morning time you can see great view of Himalayas from Tengboche, After healthy breakfast trek start from Tengboche to Dingboche its take 5-6 hours trail start ascending then walk to descending to from tea house and Imja Khola river suspension bridge, We will observe reduced junipers and alpine rhododendron with increasing elevation after few hours trek finally reach Dingboche, Enjoy the views of Island Peak, Mt Lhotse, Ama Dablam overnight stay Lodge /Teahouse..

Day 07: Acclimatization in Dingboche (4410 Meter.)

Rest & Acclimatization day in Dingboche, hike to Nagarsang Peak its adjusting with high altitude. Enjoy the views of the surrounding Himalayas, back to Dingboche overnight stay lodge /tea house.

Day 08 : Dingboche to Lobuche (4940M) 9 Km 4-5 Hours.

after breakfast trek start from Dingboche to Lobuche, The path is completely uphill until we reach Thukla and have lunch. we cross the glacial frozen river at Thukla. Head on rugged paths to Chupki Lhara, Head up the moraine of the Khumbu Glacier, Also we will take some photographs of wonderful nature. after walking 4-5 hours trek we reach at Lobuche, overnight stay lodge /tea house.

Day 09: Trek To Gorakshep (5264m) To Everest Basecamp & Back To Gorakshep.

On this special day for all trekkers and climbers first step to Everest Base camp, we will take our breakfast and begin our walk towards Gorak Shep, Walking on Rocky pathway and somewhere crossing glaciers, we will reach GorakShep (5140m) and have Lunch & book our stay here, after lunch start trek to Everest base camp its take 1-2 hours from gorakshep. Hike further up to Everest Base Camp, Enjoy the views around Everest Base Camp, Everest Base Camp is the point for the Mountaineers to summit the peak. We trek descend to Gorakshep in the afternoon overnight stay lodge /tea house.

Day 10 : Gorakshep - Kalapatthar (5545m), Trek and fly back to Kathmandu by helicopter.

Early morning 4 am we start trek to Kalapatthar from Gorakshep, The best view of Mount Everest will appear after short walk from GorakShep towards Kalapatthar. Kala Patthar is the highest elevation of this trek, 360-degree view of the highest peaks in the world including Mt. Everest, Nuptse, Lhotse, and AmaDablam and many higher mountains, after spent some time for takes photos and videos. you will be fly back to Kathmandu by helicopter, it will be take 45 -50 Min, it's a great view surrounding of Himalayas and passes, your landing at Tribhuvan International Airport, you will be welcomed by our Representatives He will guide you to your hotel. Overnight stay at Kathmandu.

Day11: Departure from Kathmandu

Transfer to International Airport for your flight back to home. you should be reporting at the Airport counter 3 hours prior to the departure time.

Includes

- Pick up from Airport and Transfer to the hotel.
- Two Night 3* hotel in Kathmandu with Breakfast.
- Lunch, Dinner & Breakfast during trekking.
- National Park Permit/ Village community fees.
- Trekkers' Information Management System (TIMS) Permit.
- All necessary paper works.
- Domestic airport picks up and drops by vehicle.
- Flight Ticket (KTM-LUK) / domestic airport Tax.
- Helicopter fare from Gorekshep to Kathmandu.
- All accommodations in lodges/tea houses during the treks.
- An experienced, helpful, and friendly Guide, porters (1 porter for 2 clients).
- Travel and rescue arrangements.
- Medical supplies (first aid kit will be available).

Excluded

International Airfare

Nepal Entry Visa Fee

Travel and Emergency Medical Rescue Evacuation

Lunch and dinner during your Hotel stay in Kathmandu

Trekking Gears, Phone Calls, Water, Laundry, Bar Bills, Battery Recharge, and Internet etc.

Tips for Staffs