

Everest Panorama trek 8 Nights 9 Days

Highlights

The Tengboche , Khumjung Monastery

Adventures & thrilling flight to Lukla (Tenzing-Hillary Airport)

World most demandable Trekking destination in Nepal

Scenic Mountain beauty Mt Everest, Mt Lhotse, Island Peak, Mt Nuptse, Mt Ama Dablam, and many more

Sherpa people, yaks, colorful festivals and Buddhist monasteries.

6 Days trekking

Outline itinerary

Day01: Arrival in Kathmandu & Transfer to the Hotel (1400Mtr)

Day 02: Kathmandu to Lukla Domestic flight & Trek to Phakding (2,640m) 4-5 hours.

Day 03: Phakding to Namche Bazaar) (3,440m/11,286ft) 10-12 Hrs km trek / 6 -7 Hours .

Day 04: Namche acclimatization day & hike to Everest View Hotel (3969 m) 3-4 Km trek /3-4 Hours.

Day 5: Namche Bazaar to Tengboche Monastery (3860 meters) 5 hours

Day 06 : Trek from Tengboche to Khumjung Village (3,780 m), 11 Km / 5 hours.

Day 07 : Trek from Khumjung to Lukla (2,840m) 15 km / 5-6 hours

Day 08 : Lukla to Kathmandu domestic flight 40Min.

Day 09: Departure from Kathmandu.

Detail Itinerary

Day01: Arrival in Kathmandu & Transfer to the Hotel (1400Mtr)

After your landing at Tribhuvan International Airport, you will be welcomed by our Representatives He will guide you to your hotel. You can rest for the day. In the evening, you will meet with your tour guide in your hotel lobby, and he will brief you about the Everest Base Camp trek overnight stay at Kathmandu.

Day 02 : Kathmandu to Lukla Domestic flight & Trek to Phakding (2,640m) 4-5 hours.

Early morning after breakfast check out from Kathmandu hotel and transfer to Kathmandu domestic airport , schedule flight from Kathmandu to Lukla takes around 30 Min, world most adventures flight you can see High mountain and Himalayas range , after landing at tenjing - Hilary airport, our company representative and porter welcome you , start trekking we will pass through Chaurikharka Village.crose dhodhkoshi river ,then suspension Bridge to reach phakding , Dinner and overnight stay at the lodge/tea house.

Day 03 : Phakding to Namche Bazaar) (3,440m/11,286ft) 10-12 Hrs km trek / 6 -7 Hours .

After breakfast trek Phakding to Namche Bazaar , Namche is the gateway to the Everest region. This is long day of trekking, taking 6-7 hours to reach Namche Bazaar The trek takes you through forests, suspension bridges, and along the banks of the Dudh Koshi River, then you will enter Sagarmatha National Park , here small check post you need to show your permit, after trek you reach Namche Bazaar lasgest Sherpa village . overnight stay at the lodge/tea house.

Day 4: Namche Bazaar to Tengboche Monastery (3860 meters) 5 hours

After breakfast at at Namche bazaar we trek towards to Khumjung village The view of Mt. Everest, Mt. Lotshe Lotshe shar, Amma Dablam, Tabuche and many other high mountains ,after short walk we reach at Khumjung village tack some rest for a while and move ahead tengboche.overnight stay at tea house.

Day 06 : Trek from Tengboche to Khumjung Village (3,780 m), 11 Km / 5 hours.

On this day after healthy breakfast trek from tengboche to Khumjung Village its approx. 5 hours, on the way we enjoy beautiful forest ,village , see high mountains , and visit Khumjung monastery and another option Everest view hotel , Visit the Everest Photo Gallery & the Sherpa Culture Museum ,Return back to Khumjung village overnight stay lodge & tea house.

Day 07 : Trek from Khumjung to Lukla (2,840m) 15 km / 5-6 hours

Trek from khumjung village to Lukla about 5-6 hours trek , The distance between Khumjung and Lukla is approximately 18 km. the trail from Khumjung to Lukla ascents and descents, passing Sherpa villages, beautiful landscapes, and crossing suspension bridges over river, reach lukla you will take rest and celebrate with your team .overnight stay at londge /tea house.

Day 08: Lukla to Kathmandu domestic flight 40Min.

After early morning breakfast we we'll take a flight from Lukla to Kathmandu. your landing at Tribhuvan International Airport, you will be welcomed by our Representatives He will guide you to your hotel.overnight stay at Kathmandu.

Day09: Departure from Kathmandu

Transfer to International Airport for your flight back to home. you should be reporting at the Airport counter 3 hours prior to the departure time.

Includes

Airport pick up and drop off by private.

Meals on a full-board basis (Breakfast, Lunch, and Dinner) during the trek in the mountain.

government licensed, English-speaking trekking guide.

Permit Everest national park permit and TIMS card (Trekking Information Management System)

Trekking equipment such as the Sleeping bag, and down jacket on request (optional)

Trekking lodges (Tea House) throughout the trek

Kathmandu – Lukla - Kathmandu including airport departure tax

Appreciation of certificate after the successful trek.

Oximeter to measure your oxygen and Pulse level during the trek in the mountain, it's very useful for all the trekkers to be aware of the high altitude sickness.

Compressive first aid box (Guide will carry it throughout the trek).

Emergency rescue operation assistance in arranging in case of complex health conditions (funded by your Travel Insurance)

Excluded

All government, Local taxes/ vat, and official Expenses

Nepal entry visa fees (you can easily issue the visa on arrival at Tribhuwan International Airport, Kathmandu). \$25 USD for 15 days Visa.

Extra accommodation and meals behind schedule (Foods and accommodations before or after the trek)

Extra drinks as alcoholic & non-alcoholic such as Fanta, Coca-cola, sprite, water, beer, etc.

Additional costs by out of management control due to the landscape, weather conditions, illness, changes in government policies, strikes, physical condition, etc.

Surplus luggage charges for domestic airport

Personal expenses such as snacks, laundry, telephone, WIFI, hot shower, etc at tea houses on a trek.

Travel insurance has to cover emergency rescue evacuation from the high-altitude

Personal trekking equipment for this trek

Tips for guide and staff (Tipping is expected)

Any other expenses that are not mentioned in the Price Include section of this trek.